



English Martyrs Catholic Primary School

Through Christ we believe, inspire, achieve.

School Lane, Litherland, Liverpool, L21 7LX. T 0151 928 5601

Head teacher: Lewis Dinsdale Bursar: Fiona Delaney

www.englishmartyrs.co.uk

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Bereavement Support

Dear Parent/Carer,

As a school we truly value all aspects of your child's emotional well-being. One of the most difficult aspects of emotional well-being can be attributed to the loss of a loved one. Children grieve in different ways at different times, it can be difficult for children to comprehend the enormity of death, and to understand why it has happened.

English Martyrs offer bereavement support to all pupils and would like to take this opportunity to provide information regarding the support offered.

School have sought guidance from Winston's Wish, a bereavement charity who also offer help and support outside of school to families living with loss. The support offered can be as part of a group or in some circumstances one to one support can be provided.

The children who access the support offered will work through a book which offers practical and sensitive support for bereaved children, the work will be guided by the children and tailored to their needs. This can help children make sense of their experience and understand more about their thoughts and feelings when someone important has died. The book could also become a useful store of memories, which can be a source of comfort, especially for a child who is worried they may forget the person who has died.

If you feel your child would benefit from the support available, please could you complete the form on the reverse of this letter and return it to the school office. A confirmation letter will be sent out prior to the sessions starting and will include a copy of the book used throughout the sessions. If you have any questions or would like to arrange a meeting, please do not hesitate to contact me.

Yours sincerely,

Mrs M Bowden
Lead Learning Mentor

Bereavement Support

Child's Name

Parent/Carer Date

Any information you feel maybe of importance.