



# Year 5 Crosby Hall Educational Trust Trip Spring 2019

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Tuesday 22<sup>nd</sup> January 2019

Dear Parents,

The children's visit to CHET is quickly approaching and I am writing to let you know the final arrangements. Their stay at CHET will offer them a challenging and rewarding experience, and of course they will benefit socially, and it will be a few days they will never forget.

## Safety

CHET has been running since 1991 in catering for the needs of young people, and is run in a highly professional way. The centre has its own staff guidelines and all visiting staff are made aware of safety issues. All are first aid trained. The chief Health and Safety Officer for Sefton, Mrs Moira Greenwood has been there on behalf of ourselves and other Sefton schools and was completely satisfied with the arrangements. Activities have all been risk assessed and every activity your child takes part in will be organised and supervised by at least one, sometimes two, trained members of CHET staff and a member of our own staff. Your children will be accompanied on this trip by 3 adults from school.

## Behaviour

I would like you to be aware however, that it is essential that all children understand the need for sensible behaviour. **This is imperative on the grounds of safety.** I would be grateful if you could emphasise the need for each child to listen and always do as they are told. In eleven years of visiting YMCA Lakeside, we have gained a reputation for taking some of the best behaved, polite and delightful Year 6 pupils from across the UK. I would like our Year 5 pupils to gain the same reputation. Persistent disobedience or bad behaviour will result in you being asked to collect your child and transport her/him home. I hope you understand that this is an essential agreement we need to make before the trip.

## Programme

See Activities sheet. Activities are weather dependant and will be confirmed upon arrival.

## Telephone

There is no telephone on site apart from in emergency use, so your child will not be able to contact you directly. However, I will ring school and let Mrs. Delaney know we have arrived safely and we will be updating the Y5 blog. We will have everyone's home numbers and emergency contact details. Please be assured that if there is a problem with your child, we will contact you directly – *and no news is good news!* If you need to contact us due to an emergency situation, please ring the centre directly on: **0151 924 9099**. Please ensure your child **does not** bring a mobile phone. There is patchy mobile phone signal around Little Crosby anyway!

## Valuables

The children may bring cameras, but I **strongly** advise that they are the disposable kind, so there is no upset if anything happens to them. Jewellery may not be worn at any time for safety reasons. I-pods, i-pads, PSPs, mobile phones and other personal mobile



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entertainment devices are **not** allowed. They will be taken off pupils along and handed back when we return to school on Friday.

## **Medication**

If your child needs any medication, please send it – **clearly labelled** – in a small plastic bag and give it to your child's group leader on arrival. If travel tablets need to be taken, please follow the instructions on the packet. Once again, give one, clearly labelled for the return journey, to the group leader.

## **Clothing**

May I remind you to look carefully at the clothing list provided with this letter. Having visited CHET for a preliminary visit, I would like to reinforce the fact that clothes should be **OLD**. Please don't buy any new clothes, we are all going to get muddy and wet no matter what the weather! The worst thing ever, is for a child to be worried about spoiling clothes! It could ruin their experience.

## **The CHET Blog**

The CHET blog will be part of the existing Year 5 Blog that is already accessible from the school website. This will enable us to send information to you each day. Feel free to leave a comment – however, we moderate all comments to ensure their appropriateness. We may be unable to pass all your comments on to the children, but will do our very best.

CHET provides a beautiful venue for your children to catch a short glimpse of a life with no technology – tv's, mobile phones, playstations etc. They enjoy lots of fresh air, physical activity, good food and well earned sleep. We look after them extremely well (You'll know that feeling of being more anxious about other peoples' children more than your own!) so...please don't worry about them! However, if you have any other queries or worries please do not hesitate to contact me.

Yours sincerely,

L. Dinsdale  
Headteacher



## ACTIVITIES

**Weather conditions/age permitting**

### **Confidence Course:**

You will be put through your paces on our specifically designed assault course to increase confidence and build up fitness.

### **Zip Wire:**

Face your fears and race down our Zip wire through the woods.

### **Problem Solving Games:**

Challenging outdoor puzzles and games to make you think outside the box!

### **Shelter Building:**

Build a shelter in the woods with your team-mates using natural materials scavenged from the surroundings, to protect YOU from the elements and predators!!

### **Archery:**

In our specifically designed in-door range you will learn how to shoot arrows at our various targets. Will you hit the gold??

### **Orienteering:**

We have various orienteering courses in our extensive woodlands, each tailored for different ages and abilities.

### **Bush craft:**

Learn about the environment around you and how best to utilise it for your advantage whilst respecting it. Can involve constructing small natural or artificial shelters and making small fires in your team to make a hot drink.

### **Nightline:**

Put your blindfolds on and work your way around our mini-obstacle course utilising your communication skills.

### **Maze games:**

Work your way around the maze to complete a task, hopefully not getting lost forever!!

### **Night walk:**

Walk round the woods of the vast Crosby Hall Estate, learning about times gone-by. Bring your torches!

### **Environmental Art:**

Using materials you find in the surrounding make a piece of art work on the ground that will be left for others to see until it recycles into the ground.

**Estate walk:**

Walk around the woods in daylight of the vast Crosby Hall Estate and then through Little Crosby and St. Mary's Church, learning about times gone by.

**Mini-beast Hunt**

Get digging in the woods and see how many different kinds of bugs you can record.

**Pond Dipping**

Off to the lake with your nets and periscopes to discover creatures of the deep!

**Raft Building (seasonal)**

Help your team to build a raft – let's hope it floats!

**Art**

We have various different creative art mediums for you to do, from printing with paint to drawing with pastels.

**Pottery**

Using air drying clay, create a sculpture, bowl, animal or tile to take home after your stay.

**Photograms**

Create and develop your own photograph, to take home after your stay.

**The Egg Drop Challenge:**

Design and construct a structure that will protect your egg from a fall, using a limited budget!

**Indoor Orienteering:**

2 courses for different age groups, based within the building.

**T'ai Chi:**

Run by Alan Cheetham, T'ai Chi is and is the perfect way to relax and unwind after a busy day doing other activities.

**Street Dance**

Run by Kayleigh, a local dance instructor

**Mask Making**

Children design, cut out and decorate colourful bird masks.



## CHET Medical Form

Please ensure that this form is completed and passed in to your child's teacher before the CHET trip takes place, thank-you.

<b>School:</b>	
<b>Class:</b>	
<b>First Name (s):</b>	
<b>Surname:</b>	
<b>Date of Birth:</b>	
<b>Home Telephone No:</b>	
<b>Home Address:</b>	
<b>Dietary Requirements:</b>	
<b>Name of Next of Kin &amp; Emergency Contact No:</b>	
<b>Doctor's Name &amp; Address:</b>	
<b>Please make us aware of any medical problem that may restrict your ability to fully participate in any activity (e.g. asthma, recent operations, allergies, mobility issues etc.)</b>	
<b>Is your child on any form of medication? (e.g. asthma, antibiotics, antihistamines etc.)</b>	

